TQA PRIDE: YOUTH + EDUCATOR LGBTQIA2S+ SUMMIT



02.24.2024 ALBUQUERQUE, NEW MEXICO

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WELCOME

Welcome TQA Pride Summit family, friends, and colleagues!

RISE UP. SPEAK UP. ACT UP. We need to be doing each of these now more than ever.

Today, our transgender and queer family are experiencing discrimination and persecution at high rates. As each new legislative cycle starts and passes, we reach new levels of anti-trans and antiqueer bills, and 2024 is projected to be no different. We also must acknowledge the fact that our trans and queer youth are facing high levels of bullying, harassment, violence, and suicide. Schools should be safe spaces for all youth and educators, but that is not the current reality.

Despite these challenges, the trans and queer community can thrive by building community, engaging in supportive programs, and having supportive co-conspirators. And that its exactly what the moment calls for. We need to reflect on our ancestors and transcestors and use our hxstory to inspire the movement of today. Our theme RISE UP. SPEAK UP. ACT UP. is inspired by the AIDS Coalition to Unleash Power (ACT UP) and their activism from the 1980's and 1990's that focused on the AIDS pandemic.

Together we have a vision for creating environments where each and every trans and queer youth, educator, and community member feels valued and supported in their communities. We want all trans and queer youth and educators to thrive in a culture of affirming language, to see themselves positively reflected in curriculum, and to experience a climate of possibility that enhances sense-of-self. We strive to create learning and community spaces where no one ever feels they must leave part of themselves behind.

We value and appreciate your dedication to this vision in joining us today in the spirit of learning, collaboration, and enhancing the experiences and lives of trans and queer youth, educators, and community.

I leave you with a chant from ACT UP - WE'LL NEVER BE SILENT AGAIN! ACT UP



In Solidarity,

Damon Ray Carbajal

Damon R. Carbajal (he/él) Manager of Community Mobilization, GLSEN

RISE UP. SPEAK UP. ACT



SPEAK UP. ACT UP.

APPRECIATIONS

This summit was made possible by the hard work of the TQA (Trans, Queer, Ally) Pride: Youth and Educator Summit Planning Committee:

- Damon R. Carbajal, GLSEN
- Havens Levitt, GLSEN NM
- Erica McDowell, GLSEN NM
- ío Escamilla, NMGSAN
- Hendrix Olson, NMGSAN
- Heather Cowan, APS
- Angela Fielden, APS
- Jennifer O'Connell, APS
- Max Bode, APS
- Micah Wells, TGRCNM
- And other folx who joined us!



Thank you to the New Mexico Department of Health: Office of School and Adolescent Health for being the funder for the TQA Pride Summit!

Thank you to Albuquerque Public Schools for partnering and making the event possible at the Berna Facio Professional Development Complex.

Thank you to our outstanding ASL interpreters, Brian, Jared, Char, Eddie, and Bella for their support of all things ASL for the TQA Pride Summit.

Thank you to the amazing youth that helped us plan the summit by participating in our survey, GSA feedback sessions, and polls.

Thank you our amazing Artivism Panelists for bringing each of your unique presence to our summit as our top notch keynote panel.

Last, but not least, a huge thank you to all our fabulous presenters and volunteers, the summit would not be possible without your support in each session!

RISE UP. SPEAK UP. ACT



SPEAK UP. ACT UP.

ABOUT GLSEN NM

GLSEN NM is a queer and trans affirming non-profit dedicated to providing support and resources for our communities. We focus on racial, gender, and disability justice as it intersects with queer identities. GLSEN is the champion of LGBTQ+ issues in K-12 education, eliminating anti-LGBTQ+ bias and violence in schools today and laying the foundation of respect for all in the future.

glsennm.org | chapter@nm.glsen.org | 505-289-2814 | Social Media: @glsennm

Training - GLSEN NM offers GLSEN's Intentional Inclusion Series, QPR (Question, Persuade, Refer) Suicide Prevention, and Policy Advocacy trainings. We can also provide coaching around LGBTQ+ intersectional inclusion.

Rainbow Library - The Rainbow Library is a GLSEN program that sends LGBTQ+ affirming text sets to schools across the state — for free. Visit <u>rainbowlibrary.org/newmexico/</u> for more information.

Policy Advocacy - GLSEN NM works at various levels of governance to ensure safe and affirming policies are being enacted to protect LGBTQ+ youth and educators. The New Mexico chapter has a focus on district level policy, but also works in the state and national policy arenas as well.

Outreach and Networking - GLSEN NM attends events throughout year to share resources and connect with community. In addition, GLSEN NM hosts events to bring community together, including socials and educator TeachOUTs.

Awareness Campaigns - GLSEN NM runs various awareness campaigns throughout the year that focus on different elements of the intersectional LGBTQ+ experience. This includes behavioral health, GLSEN days of action, resources, and more!

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NEW MEXICO

COMMUNITY PARTNERS

<u>Albuquerque Public Schools</u>



<u>Transgender Resource Center</u> <u>of New Mexico (TGRCNM)</u>



<u>New Mexico Genders and</u> <u>Sexualities Network (NMGSAN) -</u> <u>The Mountain Center</u>

Working Classroom

<u>Responsible Sex Education</u> <u>Institute (RSEI) - Planned</u> <u>Parenthood of the Rocky</u> <u>Mountains</u>





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GROUP AGREEMENTS

- Throw glitter, not shade
- Be Curious
- Share Using "I" Statements
- Be Here Now
- Take space, Make space
- Take the stories, not the names
- Oops and Ouch
- One super star, one mic



What is a group agreement?

A group agreement is a clear set of guidelines on how your group will handle discussions, meetings, and communication raised in the group setting.



SCHEDULE

9:00 - 9:30 AM: Registration and Breakfast

- Room 100
- 9:30 10:00 AM: TQA Pride 2024 Welcome
 - Room 100
- 10:10 11:10 AM: Workshop Session A
 - See Workshop Schedule for Rooms
- 11:20 AM 12:20 PM: Workshop Session B
 - See Workshop Schedule for Rooms
- 12:30 1:00 PM: Lunch and Socializing
 - Room 100 / Courtyard
- 1:00 1:45 PM: Keynote Panel ARTivism as Queer Power
 - Room 100

1:55 - 2:55 PM: RISE UP. SPEAK UP. ACT UP. Collective Session

- Room 100
- 3:00 3:30 PM: TQA Pride 2024 Closing
 - Room 100

*All times listed in MST





WORKSHOP SESSION A 10:10 AM - 11:10 AM

Building a World Beyond the Binary | Ryan Wylde (they/ them/ elle) | Room 101A

How Queerness Can Revolutionize Architecture and Construction (and why the field needs QT youth and their unique perspectives)

ACLUNM Know Your Rights Trivia | Dakota Rivera (she/her) | Room 101B

 The ACLUNM will be hosting a Know Your Rights trivia workshop, during this trivia we will test students' knowledge on current school policies, LGBTQIA policies in schools, across ACLUNM key issue areas and more. We will also discuss what the ACLUNM is working on and youth opportunities.

In Case You're Queerious: Queer Sex Ed 101 | Jessica Pollard (she/her), Terra Fox (she/her), & Liza Bley (she/her) | Room 102A

Do you feel like when sitting in sex ed class, that it doesn't apply to you? Do you ever feel left out of the conversation about safer sex? Well, you've come to the right place! At the Responsible Sex Education Institute (RSEI) we are here to answer all of your sexual health queer-ies! In this workshop we'll explore topics like birth control, STIs, healthy relationships and consent all with a queer and trans lens! We aim to create a safe space to learn about sexual health that is inclusive and medically accurate so that you can make the best, most informed decisions for yourself.

A Fireside Chat – Transgender Experiences | Tam Saimons (they/them) & Dr. Stephanie Mack (she) | Room 102B

This fireside chat aka conversation is a place to ask questions about all things transgender. From what are my
options for transitioning to best ways to support each other as transgender and ally folx. Our fireside chat
leaders have a wealth of knowledge including medical experience, community experience, & first hand
knowledge of how we can create spaces of safety for transgender & gender nonconforming folx.

#131: Consent, Boundaries, Gender, and You | Charlie Alexander (they/them) & Stacy Fatemi (they/them) | Room 103

Consent and setting boundaries around intimacy and bodies are some of the most important proficiencies a
human being can have. But is any of that different for trans people? Absolutely, so let's talk about it! In this
workshop, we'll take a look at the intricacies of consent, what "yes" and "no" feel like, and how to navigate
power dynamics in a consensual way. We'll also discuss how to have important conversations around these
topics, and go over some tips for safety planning should a situation go awry. If you think you know everything
there is to know about consent, boundaries, and how it all relates to gender, just remember: it's something we
can all be better at!

Story of self zine workshop | Landis Pulido (she/elle), Shelly Korte (she/her), & Jade Cruz (they/them) | Room 111

• Workshop participants will have the opportunity to create a zine that highlights and celebrates who you are, your community through a hands-on creative arts experience. We hope participants use this time to tap into creative engagement with self, share their story in ways that feel good and walk away with their very own zine.

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Chill Room | Room 112

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WORKSHOP SESSION B 11:20 AM - 12:20 PM

Anti-Oppression and Intersectionality | Masi Swanagan (she/her) & Hendrix Olson (they/them) | Room 101A

 The goal of this training is to help adults & youth learn tools that will allow them to become better allies and community members for people with marginalized identities. The training will cover ways that the oppression of marginalized people are linked & what we can do to provide support and understanding for those members of our community. Participants are encouraged to bring their whole selves & be open to challenging concepts & topics. This workshop is primarily lecture style with interactive activities.

Mental Health Pocket Zine: Seeking Stars | Shane (they/them) | Room 101B

In this workshop students will learn how to fold a mini-zine & reflect on resources for self-soothing, helpful
numbers to call when in distress, & explore personal ways of self-regulating through writing and art. This zine
(mini magazine) is meant to be used as a personalized tool to refer to when weathering difficult emotions.

The Experience of Trans Youth Today - Panel Azrael (he/they) & Britt Verstegen (she/her) Room 102A

• We will have a total of six stories of diverse trans and nonbinary youth. Each person will get a story to learn about. You'll be walked through their life learning about a trans or non-binary youth experience and struggles. As they learn about the person they got we will cover parent and guardian support, affirming pronouns and clothing, Support in New Mexico, Mental health and access to health care, safety, bullying and school support, history of the trans movement. If time allows it we then will sit down and have time to tell our own stories and express our thoughts.

Using LGBTQIA+ Language with Youth | Luisa Pacheco (they/he/elle/el) | Room 102B

 As a youth who is active in advocacy, I want to use part of my workshop to help educators, allies, and other adults with fluency in pronouns and queer awareness. I will have ideas for in class activities to remember pronouns, ideas to remember pronouns, and respecting the students in class with their pronouns if they are not comfortable with pronouns being shared at home.

Inclusive Curriculum Lab with GLSEN NM | Erica McDowell (she/they), Havens Levitt (she/her), Damon Carbajal (he/él) | Room 103

• This hands-on session will focus on best practices for all things inclusive curriculum. As a collective we will explore overall best practices, work through an educator checklist to assess where you and your school are in terms of queer inclusion.

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Chill Room | Room 112





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KEYNOTE PANEL -**ARTIVISM AS QUEER POWER**









StormMiguel Florez is a trans, gueer Chicane filmmaker whose work includes the "The Whistle," "MAJOR!," and "Vulveeta." StormMiguel is currently working on his feature narrative "Welcome To Roswell," a comedic mockumentary about a trans documentary filmmaker who goes home to Roswell to film himself coming out to his family as trans, but the town's obsession with UFOs and aliens takes him and his crew in a whole other direction. In 2023 he staged a live improv show in San Francisco introducing the Welcome To Roswell core cast and characters to an audience. StormMiguel is also an event producer, a life-long musician, and actor. He's originally from Albuquerque, NM, where is heart remains, and has lived in the San Francisco Bay Area for over 25 years.

Eileen O'Shaughnessy (she/her)

Eileen O'Shaughnessy teaches courses in gender studies, American studies, and nuclear issues at UNM and CNM and is completing a PhD in Educational Thought & Sociocultural Studies. In 2016, she co-founded the grassroots organization Demand Nuclear Abolition (DNA) - formerly the Nuclear Issues Study Group- a multi-racial and multi-generational space for students, activists, and artists to challenge radioactive violence through education, activism, and art. Eileen also performs original queer leftist folk music with her band "Eileen & the In-Betweens", which has toured the U.S., Canada, and Europe.



Michelle Perez Fuentes (they/them)

Michelle Perez Fuentes, born and raised in Albuquerque, New Mexico, began their artistic journey at Working Classroom at the age of 11. They joined the theater program and over the years started expanding their artistic skillset through visual art and new media programs at Working Classroom, having a focus on social justice themes throughout the program.

Michelle is an interdisciplinary artist, but they work primarily as a relief printmaking artist, as well as a digital illustrator and painter, with a large focus on character creation and storytelling. Michelle occasionally leads workshops and enjoys teaching. In their free time, Michelle works collaboratively with their friends online in creative world-building and creative storytelling projects through podcasts, writing, and online video projects.

With Moderator Owen Belt (he/him)

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RISE UP. SPEAK UP. ACT UP. COLLECTIVE SESSION

This session will focus on ways we can each RISE UP. SPEAK UP. ACT UP. in our community. The power of community is critical, thus this is a collective session. This will be a choose-your-ownadventure session where you will network with attendees with similar interests and brainstorm how you can use your interests to RISE UP. SPEAK UP. ACT UP. at various levels. Room 100

SESSION LED BY

Erica McDowell (she/they)



Max Bode (He/Him & They/Them)

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Azrael (he/they). A trans masc, queer, youth. A member of the rainbow cafe in Socorro NM. Wanting to educate our community and make a difference.

Britt Verstegen (she/her) is a straight, cisgender White woman, dedicated LGBTQ ally, and adult member of the Rainbow Café in Socorro currently completing a Master's of Social Work. Her experience helping a trans family member find gender-affirming mental health care led Britt to protect the rights of transgender youth.

Charlie Alexander (they/them) is a trans and nonbinary parent to two kids. In 2022, Charlie earned two Bachelor of Arts degrees in Women, Gender, and Sexuality Studies and Sociology, as well as a Certificate in Race and Social Justice from the University of New Mexico. Charlie has over a decade of experience working with youth in various settings, which has informed their passion for intersectional feminism, disability justice, and transgender issues. They believe whole-heartedly that education is the foundation to liberation which led them to join Stacy in building TNET in January of 2023.

Dakota Rivera (she/her) joined the ACLU of New Mexico as the Reproductive Rights Community Engagement Specialist in 2020. She focuses primarily on protecting and expanding access to reproductive rights for New Mexicans. Dakota also travels around New Mexico, teaching students their protected rights while focusing on LGBTQIA+ rights.

Damon R. Carbajal (he/él) is a gay, queer Chicanx educator, scholar, and activist. He holds an MA in Chicanx Studies, graduate certificate in "Race" and Social Justice, a B.A. in Secondary Education, and a minor in Theatre from the University of New Mexico. He currently is the Manager of Community Mobilization for GLSEN, Inc., sits on the New Mexico Educational Theatre Association Board as the DEIA Director/ Secretary, and is an instructor of Chicanx/ American Studies at Central New Mexico Community College. His teaching, leading, and advocacy centers intersectionality as a form of resistance to combat oppressive systems and to empower students, educators, and community members because they deserve to have their voices not only heard but centered. ¡Sí Se Puede!

Erica McDowell (she/ they). I grew up as a kid who didn't know I was queer in Albuquerque, NM. I went to college thinking I wanted to be an engineer and am deeply grateful that racial and economic justice student organizing politicized me and threw me off my original path. The last six years I was a middle and high school science teacher in Las Cruces, NM, the last 3 years I served in union leadership, the last two years I've been volunteering with GLSEN NM, and I am the newly hired GLSEN NM Managing Director.

Havens Levitt (she/her) is a proud, old, lesbian-feminist, a life-long resident of New Mexico, and retired math teacher. She had 12 years with APS as a student (Eubank, Grant, Sandia) and 29 years as a teacher. She has been at the forefront of social justice efforts for our community for over 40 years, is a founder of the GLSEN New Mexico chapter, and one of its current co-chairs.

Hendrix Olson (they/them). I am an Indigiqueer from Kiowa, Sac and Fox, Quapaw, Wichita, Kickapoo, and Osage Territories (Shawnee, OK). In 2015, I moved to Tewa Territory (Santa Fe, NM) to pursue a Bachelors of Fine Art in Printmaking and Jewelry Making, graduating from the Institute of American Indian Arts in May 2019. That following October, I joined the official staff for NM GSA Network after 3 years of being a youth participant and volunteer for their TQ2s+ youth programming. In my free time I enjoy beading, watching Queer media, and chilling with my cat Bacon.

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Irlanda 'Landis' Pulido (she/elle) is a Queer-Chicane-Indigene multidisciplinary artist, cultural worker, educator and healing justice practitioner that leans into the teachings of their elders, wisdom of plant medicine and power of movement to support her creative practice. They believe in inviting the breath, gentle touch and collective story to support creating an inclusive space to invite wholeness, imagination, joy and play. Landis is grateful to the many community spaces and classrooms over the years that have trusted in their facilitation to co-create and build together. Catch them on their bicicleta riding through the bosque!

Jade Cruz (they/them) is a queer, non binary Chicanx visual artist from Albuquerque, New Mexico. They primarily work with painting, digital illustration and murals. Their work delves into a range of themes that are informed by their personal life experiences, their communities, relationship to animals and the natural world. Their works aims to depict the beauty and complexities of their culture, sexuality, gender, spirituality, nature and the psyche. As a painter, muralist, art educator and youth worker, they believe art can be used to connect, educate, activate, disrupt, heal pasts and envision futures together.

Jessica Pollard (she/her). Jessica is an education specialist at Planned Parenthood of the Rocky Mountains. She teaches sex ed at schools in Santa Fe and other parts of northern New Mexico. Jessica joined Planned Parenthood of the Rocky Mountains in the fall of 2022 after working as a journalist both in New Mexico and in Oregon, where she is originally from. Outside Planned Parenthood, Jessica works with teen writers in Santa Fe, writes poems and enjoys a good dance party.

Liza Bley (she). Liza started working for Planned Parenthood of the Rocky Mountains in 2013, after publishing Not Your Mother's Meatloaf: A Sex Education Comic Book with co-editor Saiya Miller. At Planned Parenthood, she teaches sex ed and manages Albuquerque programming. Outside of her professional career, Liza works alongside founder, Marya Errin Jones, to produce ABQ Zine Fest. She is dedicated to supporting young people to improve the health of their communities through education, activism, and the arts.

Luisa Pacheco (they/he/elle/el). I am a senior in high school and have been on the GLSEN core team since the 2022 TQA Summit, and am on GLSEN'S National Student Council. I am passionate about queer activism and want to use my current experience of a youth to voice a different perspective to adults.

Masi Swanagan (she/her). I am a born and raised Midwesterner. I grew up in Urbana-Champaign, IL and Leavenworth, KS. Prior to coming to ABQ, I lived in the Greater St. Louis area for approx. 10 years. I relocated to ABQ with my fiancé who is completing his Family Medicine Residency at UNMH. I am currently working on a PhD in Sociology at UNM and working as a Case Navigator for The Mountain Center. My primary focus is Gender, Sexuality, and Race.

Max Bode (He/Him and They/Them). APS Equal Opportunity Services Specialist and Advocate for the LGBTQIA+ Community

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Michelle (SHELLY) Korte (she/her) is an interdisciplinary artist who uses printmaking, painting, drawing, and collage to create layered and compelling imagery around themes of ecology, mythology and healing. She has studied, taught, and exhibited her work over the past 25 years in many diverse spaces and places. As an educator, she allows art to be a conduit for self-inquiry, expression, and problem solving. Her classes are full of wonder and introspection. She believes that creativity and self-expression through art are essential to our well-being, therefore she works to make art accessible to all people.

Owen Belt (he/him). Owen is a part-time college student who has a deep adoration for art of all forms. Before moving to New Mexico, he had to learn to navigate life as a queer mixed black man growing up in the Midwest. He dedicates his free time to raising awareness for mental health and promoting wellness resources for his communities.

Ryan Wylde (they/them/elle) is a queer, trans, and neurodivergent artist and creator at heart; they are passionate about sustainable architecture, agriculture, and re-connection with the land, as well as authentic self-expression, inclusivity, intentional community building, and social justice and reformation. They work in the construction field, specializing in finish carpentry and earthen building materials, with aspirations in creating and maintaining sustainable intentional communities and farms worldwide, helping to shift the current hyper-individualized and capitalistic paradigm into a communal and accepting world where everyone can move from struggling to survive, into thriving in loving-abundance.

Shane (they/them) is a non-binary artist, therapist, and activist born and raised in so-called Albuquerque, New Mexico, on unceded Tiwa territories. They are a GSA Network Program Coordinator for The Mountain Center. They facilitate a monthly trans and non-binary climbing group in Albuquerque, the Trans Senders, and are the author and editor of the weekly LGBTQIA2s+ e-newsletter The Gay Agenda Weekly. Shane graduated from New Mexico Highlands University with their MSW last spring.

Stacy Fatemi (they/them) is a nonbinary trans educator from Albuquerque, New Mexico. After coming out as trans at the age of 17, Stacy began casually educating others to address a gap in gender knowledge that affected their everyday life. Now, at age 27, they do transgender trainings and workshops for organizations all around the country, with an added focus on nonbinary people and the issues they face. Stacy, as a language lover, is the author of Pronouns: What's the Big Deal?, as well as The Pocket Trans Language Guide, which are zines detailing the ins and outs of basic linguistic respect towards trans and nonbinary folks.

Dr. Stephanie Mack (she/her) is a PROUD Momma Bear of a Gender Non Conforming young adult. Educating herself over the many years in the areas of gender, gender identity, expression, sexuality and all of the nuances thereof, this Mom is ready to share and discuss topics that may be of interest to students, parents, young adults or anyone in between. By no means an expert, but experienced for sure! Mr. Mack is also an educator, administrator, advocate and personal support system for your elementary and special education needs. For well over 25 years, she has served students and families from the public school classrooms, prison setting, and administrative offices. Dr. Mack has also served in the non-profit early childhood sector and corporate educational delivery programs in Texas and New Mexico. DrMackConsulting.com

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Terra Fox (she/her). Terra is an educator, advocate, and outspoken Trans Woman who has been with Planned Parenthood for 5 years after starting as a volunteer in political action. Terra began her career as a PrEP Navigator who assisted people in accessing PrEP and other healthcare services as well as HIV and Syphilis testing. She took over as the Teen Mpower Program Coordinator in 2020 and has focused on building community and resilience for young LGBTQ+ people. Terra has previously served her community as an operator for Trans Lifeline. She lives in Albuquerque with her lovely cat Prince.

Tam Saimons (they/them) is a gender queer Family Nurse Practitioner and HIV specialist at Southwest Care Center. They have been providing gender affirming primary care to the transgender, non-binary and gender diverse community since 2015. Tam is also a poet, avid pizza and sourdough baker and lives in the north valley with their wife Kathryn, two rescue dogs and two semi-feral cats.

