

Albuquerque LGBTQ+ Community Resources



GLSEN New Mexico

The New Mexico GLSEN Chapter works to assure that each member of every school community is valued and respected regardless of sexual orientation, gender identity/ expression. For more info or resources contact GLSEN New Mexico at chapter@nm.glsen.org or visit our website at glsennm.org



NMGSAN: New Mexico Genders and Sexualities Alliance Network

NM GSA Network is a youth-driven program that works with LGBTQ youth & GSAs to create safer, more inclusive, more welcoming schools while building stronger, more resilient LGBTQ & allied youth leaders. For more info visit themountaincenter.org/services/nm-gender-and-sexualities-new-mexico/



Safe Zone: Albuquerque Public Schools Safe Zone

The APS Safe Zone is designed to support the creation of a safe environment for all students, especially LGBTQ students and their families by training Safe Zone staff members and providing them with resources. For more info visit www.aps.edu/student-health-and-life-skills/safe-zone



TGRCNM: Transgender Resource Center of New Mexico

The Transgender Resource Center of New Mexico provides support, education, information and assistance to the transgender population in the state of New Mexico and their families and loved ones. Ongoing workshops & support groups are offered including a Youth Group. For more info contact the TGRCNM at tgrcnm@tgrcnm.org, 505-200-9086 or visit www.tgrcnm.org.



PFLAG

PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, as well as their families and friends by working to create a society that is healthy and respectful of human diversity. For more info contact PFLAG at contact@pflagabq.org, 505-873-7373 or www.pflagabq.org/.

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TEEN'MPower Albuquerque

TEEN'MPower is a youth organization to build community among youth 13-18 who identify as members or allies of the LGBTQ community. Activities are youth decided and created, with an emphasis on sexuality, health, and larger events. For more information, contact teenmpower@pprm.org



U-21 Group

U-21 is a safe space for youth and is open to lesbian, gay, bisexual, transgender, intersex, queer and questioning youth under 21 and their under 21 allies. There are caring adults to facilitate the group and assist with planned events such as talent shows, arts nights, game nights & poetry. For info contact visit commonbondnm.org/u-21.html



Casa Q

At Casa Q, the mission is to provide safe living options and services for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) youth, and allies who are at risk of or experiencing homelessness between the ages of 14-17. For further information, you can contact their office at 505-872-2099.



HEAL+NM: Health Equity Alliance for LGBTQ+ New Mexicans

HEAL+NM is a community organization that works to achieve health equity and promote wellbeing for lesbian, gay, bisexual, two-spirit, transgender, gender nonconforming, queer, intersex, asexual, and pansexual (LGBTQ+) people through community organizing, education, advocacy, and messaging. For more info visit <https://www.healplusnm.org/>



UNM LGBTQ Resource Center

The University of New Mexico LGBTQ Resource Center provides service to UNM students, faculty and staff of all gender identities and sexual orientations through support, advocacy, education, and safety. For info contact 505-277-5428 or lgbtqrc@unm.edu.